

Transfer VA/VCCS Common Kinesiology Curriculum Advising Guide for AS Science

Always consult the transfer guide for the institution to which you want to transfer in the “Resource Center” at transfervirginia.org

VCCS Common Curriculum	Credits	Recommended NRCC Course for Kinesiology Major	Credits	NRCC AS Science	Credits	Notes
SDV 100	1	SDV 100	1	SDV 100	1	
ENG 111	3	ENG 111	3	ENG 111	3	
ENG 112	3	ENG 112	3	ENG 112	3	
Any UCGS Art or Humanities Course	3	ENG 200 Literature Requirement	3	ENG 200 Literature Requirement	3	
Any UCGS Art or Humanities Course	3	Humanities/Fine Arts Requirement	3	Humanities/Fine Arts Requirement	3	
PSY 200	3	PSY 200	3	Social Science Requirement	3	
Any UCGS HIS Course	3	HIS 101 or 121	3	HIS 101 or 121	3	
BIO 101	4	BIO 101	4	Natural Science Requirement	4	
Any UCGS Math Course	3	Math Requirement	3	Math Requirement	3	Check four-year institution’s transfer guide for preferred MTH course. MTH 245 or MTH 263 may be recommended.
Any UCGS Course	3-4	BIO 102	4	Natural Science Requirement	4	
BIO 141	4	BIO 141	4	Natural Science Requirement	4	
BIO 142	4	BIO 142	4	Natural Science Requirement	4	

VCCS Common Curriculum	Credits	Recommended NRCC Course for Kinesiology Major	Credits	NRCC AS Science	Credits	Notes
HLT 143	3	HLT 143	3	Transfer Course Requirement	3	HLT 143 is a dual-enrolled course. Advisors: Course can be made available through Shared Services Distance Learning.
HLT 230	3	HLT 230	3	HLT/PED Requirement	1	
Any UCGS Course	3-4	CST 100	3	CST 100	3	
Other Recommended Courses	6-8	CHM 111, CHM 112, HLT 110, PHY 201, PHY 202, PHY 241, PHY 242, MTH 263, EDU 200	6-8	Transfer Course Requirement	3	Check four-year institution's transfer guide for preferred course.
				Transfer Course Requirement	3	Check four-year institution's transfer guide for preferred course.
Additional local requirements or pre-requisites.	8	Math Requirement	3	Math Course Requirement	3	
		ITE 152 or CSC 110	3	ITE 152 or CSC 110	3	
		SOC 200	3	Social Science Requirement	3	
	60-62		62-64		60	